

25. A method of enhancing exercise endurance in a subject undertaking exercise comprising administering to the subject a composition comprising (-)-hydroxycitric acid or a water-soluble salt of (-)-hydroxycitric acid as active ingredient.

26. The method of claim 24 wherein the active ingredient originates from an extract of garcinia pericarps containing (-)-hydroxycitric acid or a lactone form thereof, or a salt thereof.

27. The method of claim 25 wherein the active ingredient originates from an extract of garcinia pericarps containing (-)-hydroxycitric acid or a lactone form thereof, or a salt thereof.

28. The method according to claim 26, wherein the garcinia is *Garcinia cambogia*, *Garcinia indica* or *Garcinia atroviridis*.

29. The method according to claim 27, wherein the garcinia is *Garcinia cambogia*, *Garcinia indica* or *Garcinia atroviridis*.

30. The method according to claim 25 wherein the water-soluble salt of (-)-hydroxycitric acid is the sodium salt or the potassium salt.

31. The method according to claim 27, wherein the water-soluble salt of (-)-hydroxycitric acid is the sodium salt or the potassium salt.

40. The method of any one of claims 24-31 wherein the composition further comprises a food.

41. The method of claim 40, wherein the food is a confection, a drink, a sport food, a sport drink, a health food, a seasoning, a food ingredient, a noodle, a bakery food, a cereal food or a retort food.

REMARKS

Claims 24-39 were pending as of the receipt of the Office Action dated June 28, 2000. The Examiner had rejected claims 24-31 under 35 U.S.C. § 103(a) as